



February news letter

Cicognani ADJ Rest

Just before Christmas 2007, Cicognani brought out their ADJ Rest. Instead of designing a whole new type of rest, they had designed it in mind of their customers that had already purchase their benchrest before bringing this one out. It's a simple drop-in on the original rest that you have all ready purchased. You just need to remove four screws, take the tension on the two major springs. Then remove the old block and drop the new one in and do the screws up, and your done.



I believe that this is a great selling point that has been well thought out by Cicognani. What makes this different is that the side blocks can be move inwards and outwards by the turn of the screw handle. No filling of the bags as they come pre-filled and fixed in position and the most important point is that any rifle stock will fit. Adjusting the blocks gives the right comfort and support to the stock and increases stability of the rifle which is crucial to getting consistent shots. Once you have the right setup then nothing moves and you're ready to go every time you get your gear out to shoot. A lot of benchrest



companies are coming up with this approach and is recognised in the BR22 rules to allow competitors to use this device.

Testing

On the first test I did, the weather was very windy with winds averaging about 12mps, so I was not expecting to get great scores but I did a 239 with 3 10x's. More important was the support that I felt from the ADJ, by sliding the rifle backwards and forwards as we do to get a comfortable feel for the next shot, its a lot more solid feeling from the rifle.



Second time out

Setting up like they say is important to take time over, and you know when your sights are on the target, and you feel comfortable before you take the shot. I do find with this rest that it feels easier and quicker to do that. This is only the second time with using it, and I want to try different pressures by tightening the pads onto the stock so that I can see how different it shoots. This is so that I can fine tune the rest to my stock. Well I

shot a 248 with 4 xs which I was happy with. I do think that more can be done with more time working with the ADJ rest, but first impression? It's a 1st rate rest that has a lot to offer.

If like me you do other Benchrest Competitions where you're not allowed to use a sand bag on the front rest. The ADJ rest will be ready to go with out the messing about of having to change things around.

Everyone has different ideas of what you need to get for benchrest, this is just one other for you to consider. If you have questions then contact Cicognani and they will be happy to help you. www.cicognani.com.



UKBR22 Brochure

Since before Christmas an idea was put together to see how we could promote the association and attract new members and heighten the profile of benchrest shooting within the UK. So the idea of a brochure was put forward and after many drafts a brochure has been produced.

It's an introduction to the association and how to get started in benchrest shooting. It is also designed to work long side our very successful websites. We have managed to produce a list of three hundred clubs, up and down the country to send the brochure to. The association does not have a lot of money, but with the help of technology we have produce an Adobe PDF version to email out to the clubs, which means it has cost nothing to do.

So far the response has been fantastic with over 25 shooters looking to take up the sport, and that is just in the first week of the brochure being sent out.

Benchrest Air Rifle

Some members are trying their hand at air rifle with the view to enter into competition. Clubs that we belong to that have an air rifle section, and it would be a good idea if members were able to take time to show them (if they are not already aware) what was involved in benchrest and maybe let them have ago trying their had at our sport. This again would increase our numbers and when we get to the stage of maybe holding inter-shoots, we will be able to cover all disciplines.

World Championships 2008

The team is almost sorted now but if you are interested in being a member of the British team, there is still time to be part of it. All you need to do is contact Carl Boswell ukbr22web@fsmail.net. Especially if you shoot air rifle!

Eley ammo

You may find when you next purchase Eley ammo in the coming months that the branding has change. What they have done on the Ultimate and Match is dropped the word EPS. There is also an added box called Team, but I am waiting to here from Eley as to what this ammo is meant to be used for.



Do you need targets?

Our very own Jim Andrews has targets available if you need them. You can get in contact with him via email: Chx4079@aol.com.

Next months news letter

Next month I will be covering gauging ammo and the different ways to measure the head-space between bolt and barrel.

If you have something to say or would like to see covered, then get in contact.

Till next time, cheers,
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